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Patrick has deep experience in national security strategy, the Congress, and as a leader in the military and in industry. He has served as Deputy Assistant Director of the Congressional Research Service since 2015, with shared responsibility for the Foreign Affairs, Defense, and Trade Division, CRS' busiest research division. FDT comprises 90 analysts who provide customized, non-partisan, authoritative, timely, confidential research and analysis to members of Congress and their staffs.

Prior to joining CRS, Patrick served as a senior professional staff member for the U.S. Senate Foreign Relations Committee under Senator Richard Lugar of Indiana for nearly a decade. During his tenure, he advised the Committee and handled oversight duties for counterterrorism and Middle East policy and programs, including all Iraq assistance. His 14 years of work in the U.S. Senate also included serving as legislative assistant to Senator Lugar and to Senator Al D'Amato of New York. From 2012 to 2014 Garvey worked in industry as vice president for government relations for a leading provider of mission support and security to industry and the U.S. government.

Patrick is a Captain in the U.S. Navy and a veteran of both Iraq conflicts. He was commissioned to active duty in 1989 and shifted to the Reserves in 1997. Since 1997, Patrick has held command and staff assignments at the Pentagon, U.S. Central Command, NATO, and National Defense University. His current assignment is to the staff of the Naval Inspector General.

A native of New York, Patrick holds a master's degree in public policy from Duke University's Terry Sanford School of Public Policy and a bachelor's degree in economics from Villanova University. He and his wife live in the Washington, DC suburbs and have four young and very talented children.